

★ i am THANKFUL ★

<p>Be THANKFUL FOR FOOD... eat SOMETHING THAT MAKES you STRONG</p>	<p>Be kind... give a compliment</p>	 <p>Be thankful for your body... jump rope for 1 minute</p>	<p>Be thankful... enjoy laughter & giggle out loud</p>	<p>Be THANKFUL FOR FOOD... Eat SOMETHING you've NEVER TRIED BEFORE</p>
<p>Be grateful... Keep a song in your heart by singing it </p>	<p>Be THANKFUL FOR FOOD... eat a veggie THAT IS PURPLE</p>	<p>Be kind... treat others nicely</p>	<p>Be grateful... write Psalm 107:1 down </p>	<p>Be grateful for life... hug your stuffie</p>
<p>Be grateful for life... enjoy a beautiful sunset</p>	<p>Be grateful... thank your teacher </p>	<p>ukids MINISTRY <small>Loma Linda University Church</small></p>	<p>Be thankful for your body... stand on 1 leg for a minute</p>	<p>Be grateful... pray for someone close to you</p>
<p>Be kind... share with your brother or sister</p>	<p>Be thankful for your body... take 5 deep breaths</p>	<p>Be THANKFUL FOR FOOD... eat SOMETHING good FOR you</p>	<p>Be grateful for life...  water a plant</p>	<p>Be thankful for your body... do the splits</p>
<p>Be thankful for your body... Stretch your arms to the sky</p>	<p> Be grateful for life... enjoy warm socks</p>	<p>Be grateful... write & decorate 1 Chronicles 16:34</p>	<p>Be THANKFUL FOR FOOD... Eat a FRUIT THAT is GREEN</p>	<p> Be kind... share a smile</p>